

Easy Cold Heart AB

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Michele Burton (USA) - January 2026

Music: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



[1 – 8] RUMBA BOX

- 1 – 4 Step R to right; Step L beside R; Step R forward; Touch L beside R
5 – 8 Step L to left; Step R beside L; Step L back; Touch R beside L (hitch for different styling)

[9 – 16] BACK HEEL, FORWARD TOUCH, REPEAT

- 1 – 4 Step R back; Touch L heel forward; Step L forward; Touch R toe behind L
5 – 8 Step R back; Touch L heel forward; Step L forward; Touch R toe behind L

[17 - 24] BASIC RIGHT TOUCH, STEP TOUCH 2X

- 1 – 4 Step R to right; Step L beside R; Step R to right; Touch L beside R
5 – 8 Step L to left; Touch R beside L; Step R to right; Touch L beside R

[25 - 32] BASIC LEFT, JAZZ BOX CROSS

- 1 – 4 Step L to left; Step R beside L; Step L to left; Brush R over L
5 – 8 Step R over L; Step L back; Step R to right; Step L over R

4 WALL DANCE OPTION (turn the jazz box 1/4 turn)

[25 - 32] BASIC LEFT, 1/4 TURNING JAZZ BOX CROSS

- 1 – 4 Step L to left; Step R beside L; Step L to left; Brush R over L
5 – 8 Step R over L; Start turning 1/8 right, stepping L back; Turning 1/8 right, Stepping R to right; Step L over R

We teach this as a one wall dance first, giving newbies a chance to practice a jazz box into a rumba box as a one wall dance.

BEGIN AGAIN

Last Update: 16 Jan 2026