

# My Heart Knows

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Heather Barton (SCO) - March 2024

Music: My Heart Won't Let You Leave My Mind - Jake Mathews



**Intro: Start Immediately**

## **SEC 1 Side Shuffle, Back Rock, Side, Touch Over, Side, Touch Over**

- 1&2 Step right to right, step left beside right, step right to right
- 3-4 Rock left back, recover weight onto right
- 5-6 Step left to left, touch right over left
- 7-8 Step right to right, touch left over right

## **SEC 2 Side Shuffle, Back Rock, Toe Strut, Toe Strut**

- 1&2 Step left to left, step right beside left, step left to left
- 3-4 Rock right back, recover weight onto left
- 5-6 Touch right forward, drop right heel transferring weight onto right
- 7-8 Touch left forward, drop left heel transferring weight onto left

## **SEC 3 Rocking Chair, ¼ Jazzbox**

- 1-2 Rock right forward, recover weight onto left
- 3-4 Rock right back, recover weight onto left
- 5-6 Cross right over left, turn ¼ right step left back (3:00)
- 7-8 Step right to right, step left forward

**\*Restart Here on Wall 7**

## **SEC 4 Charleston, Modified Charleston**

- 1-2 Step right forward, kick left forward
  - 3-4 Step left back, touch right back
  - 5-6 Step right forward, kick left forward
  - 7-8 Step left back, touch right beside left
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